

**Saturday**

# Main Dining Hall Menu

\* All meals will have a gluten sensitive and vegan option

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## Breakfast

**Egg McSandy with  
Ham, Sausage or Cheese  
Hash Browns, Donuts**

Hardboiled Eggs, Oatmeal, Bagels and Spread  
Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

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## Lunch

**Build your own Deli Sandwiches**

Turkey, Ham, Roast Beef, Tuna Salad, Chips

**Soup of the Day**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

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## Dinner

**Turkey with Mashed Potatoes**

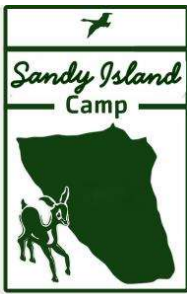
Green Beans, Stuffing & Gravy

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

**Cookies for Dessert**



**Sunday**

# **Main Dining Hall Menu**

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## **Continental Breakfast (7:30)**

**Chef's Selection of Quiches**

**Cinnamon Rolls**

**Daily Breakfast Bar**

Hardboiled Eggs, Oatmeal, Bagels and Spread

Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

## **Brunch (9:00)**

**Made-to-order Omelets**

**Made-to-order Belgian Waffles**

**Daily Breakfast Bar**

Hardboiled Eggs, Oatmeal, Bagels and Spread

Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

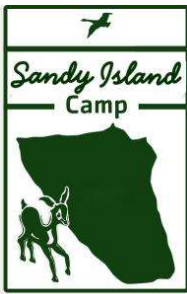
## **BBQ Dinner**

**Hamburgers Hot Dogs, and Veggie Burgers**

Lettuce, Tomato, Onion, Pickles, Cheeses, Condiments

**Tossed Salad, Macaroni Salad**

**Watermelon**



**Monday**

# **Main Dining Hall Menu**

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## *Breakfast*

**Scrambled Eggs**

**Bacon, Potatoes**

**Daily Breakfast Bar**

Hardboiled Eggs, Oatmeal, Bagels and Spread

Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

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## *Lunch*

**Chef's Choice Wraps**

**Soup**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

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## *Dinner*

**Teriyaki Chicken, Fried Rice, Garlic Broccoli**

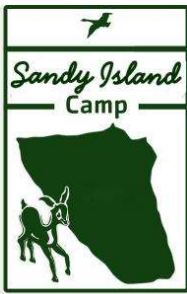
**Egg Rolls**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

**Dessert**



**Tuesday**

# Main Dining Hall Menu

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## Breakfast

**French Toast**

**Sausage**

**Daily Breakfast Bar**

Hardboiled Eggs, Oatmeal, Bagels and Spread

Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

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## Lunch

**Taco Tuesday**

**Hard and soft shell taco bar**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

**Churros**

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## Dinner

**Chicken Alfredo, Pasta**

**Seasonal Veg**

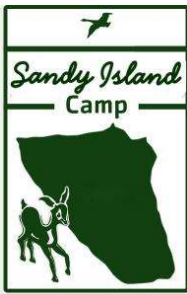
**Dinner Roll**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

**Dessert**



# Wednesday

## Main Dining Hall Menu

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### Breakfast

**Flat top Omelets**

**Canadian Bacon**

**Hash Browns**

**Daily Breakfast Bar**

Hardboiled Eggs, Oatmeal, Bagels and Spread

Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

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### Lunch

**Assorted Grilled Cheese Sandwiches**

**Tomato Soup**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

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### BBQ Dinner

**BBQ Chicken and Ribs**

**Corn on the Cobb**

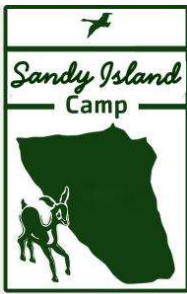
**Cesar Salad**

**Mac & Cheese**

**Roasted Sweet Potatoes**

**Roasted Brussel Sprouts**

**Dessert**



**Thursday**

# Main Dining Hall Menu

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## Breakfast

**Pancakes**

**Bacon**

**Daily Breakfast Bar**

**Hardboiled Eggs, Oatmeal, Bagels and Spread**

**Yogurt and Fruit Bar**

**Assorted Cereals with 2% Milk**

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## Lunch

**Chicken Tenders & Fries**

**Corn Chowder**

**Daily Salad Bar**

**Assorted Vegetables & Greens, Various Dressings**

**Chef's choice protein selections**

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## Dinner

**Pasta with Bolognese Sauce**

**Garlic Bread**

**Vegetable**

**Daily Salad Bar**

**Assorted Vegetables & Greens, Various Dressings**

**Chef's choice protein selections**

**Tiramisu**

**Friday**

# Main Dining Hall Menu

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## Breakfast

**Scrambled Eggs**

**Sausage Patties**

**Pastries**

**Daily Breakfast Bar**

Hardboiled Eggs, Oatmeal, Bagels and Spread

Yogurt and Fruit Bar

Assorted Cereals with 2% Milk

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## Lunch

**Assorted Variety of Pizzas**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections

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## Dinner

**Beef Bourguignon**

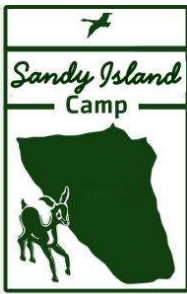
**Roasted Garlic Mashed Potatoes**

**Carrots and pearl onions**

**Daily Salad Bar**

Assorted Vegetables & Greens, Various Dressings

Chef's choice protein selections



## *Everyday Oatmeal Bar*

**Chia Seeds, Hemp Seeds, Golden Raisins,  
Dried Cranberries, Cinnamon Sugar,  
Brown Sugar, Flax Meal**

## *Everyday Salad Bar*

**Spinach, Mixed Greens, Romaine  
Cherry Tomato, Shredded Carrots  
Sliced Cucumber, Sliced Red Onion  
Sliced Peppers, Olives  
Pickled Beets,  
Banana Peppers, Feta  
Dried Cranberries, Sunflower Seeds  
Chef Choice Grain Salad (x2)  
Chef Choice Protein Salad (x2)  
Crouton**

**Ranch, Thousand Island, and Balsamic Dressings  
Oil and Vinegar**